

GRASSFIELD FOOTBALL GRIZZLY PRIDE

The Grassfield Football Coaching staff at Grassfield high school is committed to the development of our student-athlete's. In order to be successful and develop a strong work ethic we require that student athlete's to be at practice, on time, have high expectations and follow the rules established in the Chesapeake Public Schools handbook and Sportsmanship policy.

Our commitment to the student athlete's has limitations, and we will not tolerate certain behaviors. We expect Commitment, Strong work-ethic, and the Desire to be a part of the Football team.

Grassfield Academic Expectations

Our academic expectations for the football team is to have 90 percent of our players to achieve honor roll, and 10 percent will maintain a 2.0. If an athlete does not maintain a 2.0 grade point average during the football season he could jeopardize playing time until grades improve.

Grassfield Attendance Expectations

Our attendance expectation for players is to maintain a Commitment to the Football Program. The expectation is for players or parents to communicate with the Coaching Staff about missing practice or workouts. Players are expected to be at practice and condition with the Grassfield football team. Players and Parents must understand the rules and expectations of the Game of Football. We are training athletes to play at a very high competitive level to meet the expectations in the area as well as the State of Virginia. **PLAYERS THAT MISS EXCESSIVE PERIODS OF TIME** are in jeopardy of the following: 1. Not meeting the Fitness Standard 2. Not being in shape could result in physical injuries, 3. **PLAYERS and PARENTS MUST understand MISSING PRACTICE WILL RESULT IN LOSS OF PLAYING TIME.** 4. **FAILURE TO** communicate with Coach Asprey could result in dismissal from the team.

Grassfield Football Racial Expectations

Our racial expectation is that everyone understands that they are free from racial discrimination and racial remarks in this football program. Therefore, all racial slurs, signs, or remarks towards a player or players of the opposite or same race will not be **tolerated!!!** There will be 3 consequences for a player or a group of players involved in a racial incident.

Three Consequences:

1. Call the parents/guardians. The player or players will write letter apologizing.
2. Parent/guardian Conference. The player or group of players will be suspended until the conference is held, in which a suspension will be determined and given by the Coach Asprey.
3. Dismissal from the team.

Grassfield Football Gang Expectations

Our gang expectation is that players that are involved in gangs or a part of gang activity will be automatically suspended until parents or guardians of the player or players involved meet with Coach Asprey.

BEHAVIORAL ACTION THAT WILL RESULT IN DISMISSAL FROM THE TEAM

- Disrespect toward Any Coach or Staff with the intention of being hostile or violent, will automatically be dismissed from the team.
- **STEALING.**

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Grassfield Football In-Season Expectations

Our expectations in the Grassfield Football program have grown from year to year and will continue to grow. Listed below are some of the basic expectations:

1. Be on time for practice, and be prepared. Players must understand that you are late if you are not in team stretching formation. No excuses, such as, "I was here, I was in the locker room". BE ON TIME!
2. Be Responsible for your position and have the incentive to ask questions. Take ownership in your position. DO NOT LET OTHERS BE RESPONSIBLE FOR IT.
3. Be a student of the game. Study game film with your coaches or players. Your parents or guardians may have played the game. But, they do not coach or play with you.
4. NO PARTYING or Drugs. You have spent a lot on preparing your body and mind to the physical and mental challenges of football. Use logic and make the right choices. Your negative actions can result in a suspension from the team.
5. Set goals to achieve as a player, and be positive towards other team-mates as you strive to achieve your goals. It takes a team to be great; Individual stats never won a game.
6. Never be satisfied, and never stop striving for success. Complacencies will destroy a Team. Stay focused on our Team Expectations and Your Expectations.
7. Be committed to the sport of football. If you don't enjoy, then don't Do it.

IF A PLAYER or GROUP of PLAYERS receives Consequences then we will follow Three Strike Policy

THREE STRIKES POLICY

Strike One= Unexcused absent, tardy to practice without a Note. If you receive two unexcused absents, the athlete will be suspended for a period of time.

Consequences= extra duties, before and after practice.

Strike Two= Violation of school rules, will result in the athlete receiving suspension of playing time, and could result up to a week of suspension, ISS (in-school-suspension) and OSS could result in the player not playing in game. Players that receive ISS on GAME DAY will not be permitted to play for a length of time. Furthermore, players not meeting academic standards that are assigned or required to attend Study Hall, could result in not playing, or suspension.

Strike Three= the athlete will automatically be dismissed from the team.

There are simple rules for parents and players:

24 hour rule- I or the coaching staff will not talk to parents after games concerning playing time, and play calling. Please reserve these comments for 24 hours. Allow emotions of the game to resolve!!

No Practice, No Playing in the game.

Best Players Play, this is determined by the coaches, not the parents or media.

The coaching staff will require your support, and loyalty, as we are committed to excellence. Please contact the Head Coach, Martin Asprey if you have any concerns or any questions about Grizzly Pride and all Expectations.

Sincerely yours

Head Coach
Martin Asprey

GRASSFIELD FOOTBALL GRIZZLY PRIDE

Please sign and return to Coach Asprey,
by signing this you understand the
policies and expectations of the
Grassfield Football Program.

Print: _____

Name

Student-Athlete

Signature:

Date: _____

Parent or Guardian

Signature:

Date: _____